

Yogoda Satsanga Mahavidyalaya

JAGANNATHPUR, DHURWA, RANCHI – 834004

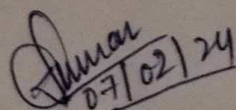
Email address: ysmranchi4@gmail.com

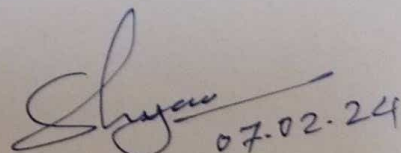
(NAAC Accredited, Grade: B++, CGPA: 2.89)

Routine of Yogic Practices

All students of UG SEM-1 and interested students of Vocational courses are informed that the following routine for VAC-Yoga Practical will be applicable from 08/02/2024 to further notice.

Day	TIME&CLASS	TIME&CLASS	TIME&CLASS
Mon	12:30-01:15 P.M. VAC YOGA GR-A	01:15-2:00 P.M. VAC YOGA GR-B	02:00-2:45 P.M. VAC YOGA GR-C
TUE	12:30-01:15 P.M. VAC YOGA GR-B	01:15-2:00 P.M. VAC YOGA GR-C	02:00-2:45 P.M. VAC YOGA GR-A
WED	12:30-01:15 P.M. VAC YOGA GR-C	01:15-2:00 P.M. VAC YOGA GR-A	02:00-2:45 P.M. VAC YOGA GR-B
THU	12:30-01:15 P.M. VAC YOGA GR-A	01:15-2:00 P.M. VAC YOGA GR-B	02:00-2:45 P.M. VAC YOGA GR-C
FRI	12:30-01:15 P.M. VAC YOGA GR-B	01:15-2:00 P.M. VAC YOGA GR-C	02:00-2:45 P.M. VAC YOGA GR-A
SAT	12:30-01:15 P.M. VAC YOGA GR-C	01:15-2:00 P.M. BCA ,BBA & BSc IT	02:00-2:45 P.M. VAC YOGA GR-A&B


07/02/24
Yoga Teacher


07.02.24
Principal